

Good ideas for activities

- Practice the Faroese language, for example help with homework.
- Watch Faroese television and listen to radio.
- Read magazines and books.
- Help understand letters from the authorities.
- Go for a walk and talk about the local area.
- Talk about each other's culture and traditions.
- Go to leisure-time activities, cultural events or concerts.
- Talk about everyday challenges and situations.
- Shop, cook and eat together.
- Form a "bindiklubb" or a similar club activity.
- Go on trips, for example, to a museum, a library, a historical site or a walk around the town.
- Get a coffee and have a chat.
- Play games or watch films.

If you would like to know more about the Family Network, read more and sign up at:

www.redcross.fo/familjuvinir



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THE FAMILY NETWORK

Get a friend in the Faroes



Are you new in the Faroes and would like help to familiarize yourself with Faroese customs? Or do you come from a different background and find it challenging to become a part of Faroese society? Would you like someone to practise Faroese with?

The Faroe Islands Red Cross can help you connect with a family or a friend through the Family Network.

The Family Network

We know that it can be difficult to make everyday life work when everything is new. How do you enrol your kids in the local football club? Do you understand the letters from the authorities that are written in Faroese, or maybe in Danish? How does the bus timetable work? In your native country, you probably had someone to ask for advice, but do you have someone in the Faroes who can help you and your family?

The idea behind the Red Cross Family Network is that a Faroese volunteer family or individual can support you and your family to better understand the Faroese society, practice the Faroese language and by doing so, you will hopefully sooner feel at home and thrive in the Faroe Islands.

The Red Cross is an international humanitarian organisation. In the Faroes, we have around 200 volunteers, organised in different activities. The Red Cross wants to make sure that everyone is given the chance to thrive in Faroese society. That is why the Red Cross has taken steps to create a Family Network where families and individuals of different backgrounds can meet locals and where friendships can develop.



The Faroese friend or family

More and more people move to the Faroe Islands, and the reasons are many and varied. But what you all have in common is that you move away from what is familiar and to an unfamiliar place, with a different language and culture. It can be difficult to become a part of society and establish new friendships.

A volunteer friend or family from the Red Cross is someone who wants to get to know you, and wants to help you and your family to find your place in the Faroes. A volunteer friend can help you practice Faroese, and teach you about Faroese society.

The idea is that you spend some time together once a week or once every other week, as agreed. Where you meet and what you do, is up to you both to decide.

The Red Cross aspires to find a volunteer friend with whom you have something in common.

